Andrew Shaffer

1009 Frogs Leap

Cicero, Indiana

(765)210-0673

shaffera@tiffin.edu

Professional Experience

ST. VINCENT SPORTS PERFORMANCE INDIANAPOLIS, INDIANA

*Athletic Trainer July 2007 - Present*

* Conduct an initial assessment of an athlete's injury or illness to provide emergency or continued care and to determine whether they should be referred to physicians for definitive diagnosis and treatment.
* Evaluate athletes' readiness to play and provide participation clearances when necessary and warranted.
* Apply protective or injury preventive devices, such as tape, bandages, or braces, to body parts, such as ankles, fingers, or wrists.
* Assess and report the progress of recovering athletes to coaches or physicians.
* Collaborate with physicians to develop and implement comprehensive rehabilitation programs for athletic injuries.
* Care for athletic injuries, using physical therapy equipment, techniques, or medication.
* Perform general administrative tasks, such as keeping records or writing reports.
* Plan or implement comprehensive athletic injury or illness prevention programs.
* Instruct coaches, athletes, parents, medical personnel, or community members in the care and prevention of athletic injuries.
* Travel with athletic teams to be available at sporting events.
* Inspect playing fields to locate any items that could injure players.
* Advise athletes on the proper use of equipment.
* Develop training programs or routines designed to improve athletic performance.
* Confer with coaches to select protective equipment.
* Recommend special diets to improve athletes' health, increase their stamina, or alter their weight.
* Perform team support duties, such as running errands, maintaining equipment, or stocking supplies.
* Lead stretching exercises for team members prior to games or practices.
* Accompany injured athletes to hospitals.
* Conduct research or provide instruction on subject matter related to athletic training or sports medicine.
* Massage body parts to relieve soreness, strains, or bruises.
* Teach sports medicine courses to athletic training students.
* Yearly increased downstream revenues
* Market St. Vincent Sports Performance services to athletes, coaches, and parents

REPLAY PHYSICAL THERAPY KOKOMO, INDIANA

*Athletic Trainer September 2003 - March 2007*

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* Apply protective or injury preventive devices, such as tape, bandages, or braces, to body parts, such as ankles, fingers, or wrists.
* Assess and report the progress of recovering athletes to coaches or physicians.
* Collaborate with physicians to develop and implement comprehensive rehabilitation programs for athletic injuries.
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* Accompany injured athletes to hospitals.
* Conduct research or provide instruction on subject matter related to athletic training or sports medicine.
* Massage body parts to relieve soreness, strains, or bruises.
* Marketed physical therapy services to the athletes treated
* Responsible for the work conditioning program at Replay
* Responsible for the rehabilitation of level 1-4 offenders at Miami Correctional Facility

TOTAL FITNESS INDIANAPOLIS, INDIANA

*Fitness Coach March 2001 - September 2003*

* Develop or coordinate fitness and wellness programs or services.
* Maintain wellness- and fitness-related schedules, records, or reports.
* Manage or oversee fitness or recreation facilities, ensuring safe and clean facilities and equipment.
* Operate, and instruct others in, proper operation of fitness equipment, such as weight machines, exercise bicycles, benches, hand weights, and fitness assessment devices.
* Recommend or approve new program or service offerings to promote wellness and fitness, produce revenues, or minimize costs.
* Teach fitness classes to improve strength, flexibility, cardiovascular conditioning, or general fitness of participants.
* Respond to customer, public, or media requests for information about wellness programs or services.
* Provide individual support or counseling in general wellness or nutrition.
* Track attendance, participation, or performance data related to wellness events.
* Observe participants and inform them of corrective measures necessary for skill improvement.
* Instruct participants in maintaining exertion levels to maximize benefits from exercise routines.
* Offer alternatives during classes to accommodate different levels of fitness.
* Teach proper breathing techniques used during physical exertion.
* Evaluate individuals' abilities, needs, and physical conditions, and develop suitable training programs to meet any special requirements.
* Administer emergency first aid, wrap injuries, treat minor chronic disabilities, or refer injured persons to physicians.
* Wrap ankles, fingers, wrists, or other body parts with synthetic skin, gauze, or adhesive tape, to support muscles and ligaments.
* Conduct therapeutic, recreational, or athletic activities.
* Promote health clubs through membership sales, and record member information.
* Massage body parts to relieve soreness, strains, and bruises.
* Responsible for the strength and conditioning program at Park Tudor School

Education

BUTLER UNIVERSITY INDIANA

*Education with an emphasis in Athletic Training, May 2000*

* Assessed, treated and rehabilitated injuries for: - Women's Basketball - Ice Hockey - Lacrosse - M/W Track and Field – Football

TIFFIN UNIVERSITY OHIO

*MBA Sports Management Candidate, May 2014*

* GPA: 3.88
* Researched numerous companies and their methods of operations and business practices
* Understand basic accounting practices
* Understand economic practices and their effects on business and the public

Additional Skills

* Played 4 years of football at Butler University
* Enjoy recreational physical activity
* I have coached (part time) at a high school during my athletic training career and 4 of my athletes were all state or honorable mention all- state